36th Annual
ALASKA HEALTH SUMMIT

January 22 - 24, 2019
Hotel Captain Cook
Anchorage, Alaska
### Summit Schedule – See the full schedule online: https://summit.alaskapublichealth.org/

#### Tue, Jan 22

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8 - 8:45 am</td>
<td>Registration, Attendee Check-in, and Breakfast</td>
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<tr>
<td>8:45 - 9 am</td>
<td>Welcome (Ballroom)</td>
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<tr>
<td>9 - 10:15 am</td>
<td>Plenary: “A Collective Impact Approach to Addressing Child and Intergenerational Trauma: Regional and Statewide Perspectives” – Laura Norton-Cruz, Hannah Gustafson, Arika Paquette, Desiré Shepler</td>
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<tr>
<td>10:30 - 11:45 am</td>
<td>Morning Breakout Sessions (75 minutes)</td>
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<tr>
<td>1:30 - 2:30 pm</td>
<td>Afternoon Breakout Sessions I (60 minutes)</td>
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<tr>
<td>2:30 - 3 pm</td>
<td>Networking/Student Poster Sessions (see P.3 for list)</td>
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<tr>
<td>3 - 4:30 pm</td>
<td>Afternoon Breakout Sessions II (90 minutes) and Scholarly Roundtables (see P.6 for list)</td>
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<tr>
<td>5 - 6:30 pm</td>
<td>ALPHA Reception Followed by ALPHA Annual Member Meeting (Quarter Deck)</td>
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### Summit Information

**Hotel Accommodations**

- Hotel Captain Cook Summit Price $125/night + tax based on space available
- Online booking is available at [www.captaincook.com](http://www.captaincook.com).
  Or call the Captain Cook at 800.843.1950 or 907.276.6000. Use the discount code ALPHA19.

**Continuing Education Available**

Visit the website for more information.

**Register Online through January 16**

[www.alaskapublichealth.org/health-summit](http://www.alaskapublichealth.org/health-summit)

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We are reducing paper waste at our Summit! To access all Summit information—from the session schedule to parking tips—go to [https://summit.alaskapublichealth.org](https://summit.alaskapublichealth.org).
### Student Poster Sessions

**Tuesday, January 22, 2:30 - 3 pm**
- Social Determinants Affecting Language Learning
- Instilling Confidence and Self-Worth in Alaska’s Youth by Celebrating Uniqueness and Open-Mindedness to Encourage Positive Mental Health
- Understanding the Post-Migration Experiences of African Refugees in Anchorage through Community Engaged Research
- Switched On: Psychophysiological Indicators of Traffic Safety Video Message Processing
- Toward Trauma-Informed Services: Wellbeing and Resilience in an Emergency Homeless Shelter
- Peer Leader Navigators (PLNs) Create Positive Ripples across Anchorage
- Evaluation of a Group Planning Process within the Collective Impact Framework: Development of a Pilot Project to Support At-Risk Families and Children
- Promoting Self-Care to Nursing Students
- Rainwater Quality and Availability in Rural Alaska: Supplementing Household Water Needs with Natural Sources
- Community Engagement of Alaska Native People for Research Dissemination Practices in a Tribal Health Care Setting
- Annual Age-Adjusted Prevalence of Gastric Cancer, Ulcer Disease, and Helicobacter Pylori In the Indian Health System, 2001-2014
- “Grandpa Speaks, Nobody Listens.” Gerotranscendence, A Change in Mindset of Alaska Native Elders

### Summit Schedule

#### Wed, Jan 23

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:30 AM</td>
<td>ALPHA Past-Presidents Breakfast (Ballroom)</td>
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<tr>
<td>8 - 8:30 AM</td>
<td>Plenary: “Planning for Climate Resilience in Anchorage: A Campus-Community Partnership to Address the Social Determinants of Health through Adaptation and Mitigation Policies” – Micah Hahn, Mara Kimmel, Besse Odom</td>
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<tr>
<td>8:30 - 9:45 am</td>
<td>Morning Breakout Sessions (75 minutes)</td>
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<td>• Answering a Call to Action: How National Women’s Health Nursing and Midwifery Organizations Partnered with Alaska Champions to Promote Alcohol-Free Pregnancies (Whitby)</td>
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<td>• Connecting with Tribal Health Data (Voyager)</td>
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<td>• Safe and Healthy Aging for LGBT Elders Using Citizen Science: Discoveries from “Our Voice SAGE Alaska” (Quadrant)</td>
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<td>• Shared Protective Factors and Sexual Violence Prevention (Endeavor)</td>
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<td>10 - 11:15 am</td>
<td>• What Happens When a Community Opens a Liquor Store for the First Time in 40 Years? (Adventure)</td>
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<tr>
<td>11:15 am - Noon</td>
<td>Networking/Poster Sessions [see P.6 for list]</td>
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<tr>
<td>Noon - 1:15 pm</td>
<td>Lunch Plenary: “Towards Zero Transportation Fatalities” – Scott Thomas, Wende Wilbur, Sgt Rick Steiding</td>
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<tr>
<td>1:30 - 2:45 pm</td>
<td>Afternoon Breakout Sessions I (75 minutes)</td>
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<td></td>
<td>• A Strengths-Based Approach to Help People Living with Stigma from Overweight (Whitby)</td>
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<td>• Beyond Resilience: A Shared Risk and Protective Factor Approach to Preventing ACEs, Creating Healthy Communities, and Promoting Partnerships (Voyager)</td>
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<td>• Public Health and HealthConnect Alaska: How Alaska’s Health Information Exchange Supports Public Health Initiatives to Save Time, Money, and Lives (Adventure)</td>
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<td>• Serving Families through Community and Statewide Partnerships: The Help Me Grow Alaska Model (Quadrant)</td>
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<td>• Supporting Healthy Communities: Tribal Health Organization Perspectives (Endeavor)</td>
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<tr>
<td>3 - 4:30 pm</td>
<td>Afternoon Breakout Sessions II (90 minutes) and Scholarly Roundtables [see P.6 for list]</td>
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<td>• Advancing Health Equity in Alaska through Evidence-Based Public Health Approaches [part 1] and Evidence-Based Public Health: From Problem to Prevention [part 2] (Endeavor)</td>
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<td>• Not just Mumps: Responding to the Outbreak in Alaska’s Largest City [part 1] and Foodborne Illness and Complaint Reports - Alaska, 2015-17, and Using Technology and Social Media to Increase Public Awareness and Reporting of Foodborne Illness in Alaska [part 2] (Adventure)</td>
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## Summit Schedule

### Thurs, Jan 24

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<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8 - 8:30 am</td>
<td>Breakfast (Ballroom)</td>
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<tr>
<td>8:30 - 9:45 am</td>
<td>Plenary: “Perinatal Quality Collaboratives: Applying Quality Improvement to Public Health Efforts to Address Perinatal Opioid Use” – Jessica Filley, Munish Gupta</td>
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<tr>
<td>10 - 11 am</td>
<td>Morning Breakout Sessions I (60 minutes)</td>
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<tr>
<td>10 - 11 am</td>
<td>• Clean Air, Healthy Homes: Indoor Air Quality in Alaska &amp; Resources to Improve It (Voyager)</td>
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<td>• Community Water Fluoridation (Whitby)</td>
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<td>• Data and Capacity Needs for Addressing Rural Health Disparities (Quadrant)</td>
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<td>• Leveraging Health Information Technology for Quality Improvement (Adventure)</td>
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<td>• “I’ve Seen Friends Overdose. Anything I Can Do to Help Them, I Want To”: Personal Experience of Naloxone End Users (Endeavor)</td>
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<tr>
<td>11:15 - 12:15 pm</td>
<td>Morning Breakout Sessions II (60 minutes)</td>
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<tr>
<td>11:15 - 12:15 pm</td>
<td>• Actual Causes of Death in Alaska: A Focus on Obesity and Related Behaviors Across the Lifespan (Whitby)</td>
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<td>• Alaska AHEC Scholars Program: Experiences in Rural and Underserved Healthcare to Promote Distribution and Diversity of Healthcare Professionals (Quadrant)</td>
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<td>• Alaska Native Dementia Caregivers: Their Strengths, Blessings, and Directions for Future Training and Education (Voyager)</td>
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<td>• Extended-Release Naltrexone at Community Re-Entry for Inmates with a History of Opioid Use Disorder (Endeavor)</td>
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<td>• Implementing Evidence-Based Smoking Cessation in Outpatient Clinics: A Public and Private Partnership (Adventure)</td>
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<tr>
<td>12:15 - 1:45 pm</td>
<td>Awards Luncheon (Ballroom)</td>
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<tr>
<td>2 - 3 pm</td>
<td>Afternoon Breakout Sessions (60 minutes)</td>
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<td>2 - 3 pm</td>
<td>• Communicating with Others: Insights from Psychological Development (Quadrant)</td>
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<td>• Housing First Working in Juneau, Alaska: A 6-Month Review of Service Usage and Wellbeing (Endeavor)</td>
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<td>• Improving Health Outcomes through Medical-Legal Partnerships (Voyager)</td>
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<td></td>
<td>• The Relationship between Body Weight and Cancer Risk in Alaska (Whitby)</td>
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<td>• The Role of Systems Integration in Treating Opioid Addiction (Adventure)</td>
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<tr>
<td>3:15 - 4:30 pm</td>
<td>Closing Plenary: “Alaska Native Collaborative Hub for Research on Resilience: Promoting Community and Cultural Strengths” – Stacy Rasmus, Billy Charles, Carol Murphrey</td>
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### Monday, January 21, 2019

- Promoting Community Conversations about Research to End Suicide: Participate in a Learning Circle, Noon - 5 pm (Whitby)
- Connecting with Data and 4th Annual Scientific Advisory, 1 - 5 pm (Endeavor)
- Words Matter: The Role of the Media in Mental Health, 2 - 5 pm (Quadrant)
- Addressing Eating Disorders in Alaska, 2 - 5 pm (Adventure)

### Friday, January 25, 2019

- Gray Water Reuse: Research Needs and Best Practices, 8 am - 5 pm (Endeavor)
- Healthy Alaskans 2020 Advisory Team Meeting, 8:30 am - 12:30 pm (Whitby)
- Kickoff Meeting for the Alaska Perinatal Quality Collaborative, 8:30 am - 3 pm (Providence Cancer Center Rooms 2281-2285)
- Peer Leader Navigators: Cultural Attunement and Community Engagement in Action, 10 - 11:30 am (Quadrant)
- Shared Risk and Protective Factor Workgroup, 10 am - Noon (Voyager)
- Alaska Statewide Violence and Injury Prevention Partnership Meeting, 12:30 - 5 pm (Voyager)
- Using Data for Strategic Decision-Making, 12:30 - 5 pm (Quadrant)
- Alaska Wellness Coalition Strategic Planning, 1 - 3:30 pm (Adventure)
Billy Charles is a Yup’ik Alaska Native shareholder and tribal member from Emmonak, Alaska. As a Research Co-Investigator in UAF’s Center of Alaska Native Health Research, he provides leadership, cultural direction, and intervention implementation and fidelity management for several NIH grants and a new NSF grant.

Jessica Filley, MPH, is a CSTE Applied Epidemiology Fellow within the Section of Epidemiology, Division of Public Health. Over the last year, she has been analyzing substance abuse data, with a particular focus on characterizing the trends and impacts of opioid use throughout Alaska.

Munish Gupta, MD, MMSc, is a staff neonatologist and the Director of Quality Improvement for the Department of Neonatology at Beth Israel Deaconess Medical Center (BIDMC), as well as Assistant Professor in Pediatrics at Harvard Medical School. He is chair of the Neonatal Quality Improvement Collaborative of Massachusetts (NeoQIC).

Hannah Gustafson, BBA, is the MAPP (Mobilizing for Action through Planning & Partnerships) of the Southern Kenai Peninsula Coordinator, a member of the Southern Kenai Peninsula Resilience Coalition’s Leadership Team, and a Steering Committee Member of the Alaska Resilience Initiative.

Micah Hahn, PhD, MPH, is an Assistant Professor of Environmental Health within the UAA Institute for Circumpolar Health Studies. She is currently working with the Municipality of Anchorage to develop their Climate Action Plan and with communities around the state on community resilience planning in the context of environmental change.

Tom Hennessy, MD, MPH, is the Director of the Arctic Investigations Program (AIP), CDC’s field station for infectious diseases in Anchorage. He has served in the US Public Health Service since 1990 and is trained in Family Medicine and Preventive Medicine. He is an affiliate faculty member of the University of Alaska in the Department of Health Sciences.

Mara Kimmel, PhD, JD, MS, is Deputy Director of Strategy, Scholarship, and Research at the Anchorage Museum, and an affiliate faculty member at the UAA Institute for Social and Economic Research. She was recently appointed by the Governor of Alaska to serve on the state’s Climate Leadership Team and is chairing the Municipality’s Advisory Committee to the Climate Action Planning team.

Erica Lujan, BA, works at the Alaska Native Tribal Health Consortium helping to coordinate the Local Environmental Observer (LEO) Network, which documents observations of environmental change. She has worked as a researcher for both the UAA Institute for Circumpolar Health Studies and the Alaska Department of Fish and Game Division of Subsistence.

Carol Murphrey, BBA, MA, is Inupiaq from Atqasuk, Alaska. Her background includes comprehensive academic advising and administration of a non-profit education foundation. She currently serves as the Outreach Coordinator for the Alaska Native Collaborative Hub for Research on Resilience.

Laura Norton-Cruz, MSW, LMSW, is Director of the Alaska Resilience Initiative, facilitating a statewide network of non-profit, government, tribal, and community entities working to reduce trauma and build resilience. She has worked for the Alaska Tribal Health System for over five years.

Besse Odom sits on the Alaska Oregon Washington State Area Conference ECJ committee, is an Energy Practitioner for the national NAACP, and has been nationally recognized for her efforts and successes towards environment justice.

Arika Paquette, BA, is the Prevention and Education Manager for Women in Safe Homes in Ketchikan, Alaska. She is also the co-chair and coordinator of the Revilla Island Resilience Initiative, a local collective efficacy group working to promote awareness of childhood trauma through education and action.

Stacy Rasmus, PhD, is Director of the Center for Alaska Native Health Research (CANHR) at the UAF. She currently leads several NIH, NSF, and SAMHSA grants that engage American Indian and Alaska Native populations in research and evaluation initiatives to eliminate disparities in youth suicide and substance use disorders.

Desiré Shepler, MPH, is director of R.O.C.K. Mat-Su and oversees a collaborative working towards increasing family resilience and creating a culture that supports children and families, and aims to end child maltreatment and the number of Adverse Childhood Experiences (ACEs).

Sgt. Rick Steiding is the Traffic Sergeant for the Anchorage Police Department (APD). He joined APD in 1997 and has been the lead on the Major Collision Investigation Unit, serves on the People Mover Collision Review Board, and is an instructor for Traffic Investigation and Collision.
Scott Thomas, PE, ADOT&PF, is the Central Region Traffic and Safety Engineer for the Department of Transportation and Public Facilities for the State of Alaska. He has worked on highway engineering and safety problems for 30 years. His main emphasis has been the Highway Safety Improvement Program to work towards serious crash reduction and prevention.

Wende Wilber, AICP, PTP, is a Principal with Kittelson & Associates and has over 26 years of experience managing multi-disciplinary transportation and land use planning projects. She managed the Anchorage Vision Zero Action Plan for the Municipality of Anchorage and is serving as a Senior Adviser for the Palm Beach Transportation Planning Agency (Florida) Vision Zero Plan.

Scholarly Roundtables

Tuesday, January 22, 3 - 4:30 pm
• Strength through Increased Decision-Making Engagement; Supported Decision-Making Agreements in Discharge Planning
• The Alaska EARTH Longitudinal Cohort Study: Results from a Ten-Year Follow-up
• Harm Reduction Approach Applied to Substance Use Disorders
• Population-Driven Care: Principles of Customer-Ownership
• How to Apply a Shared Risk and Protective Factors Approach to Prevent Multiple Forms of Injuries and Violence
• Radioactivity - Is it in Your Clients’ Homes?
• At-Risk Youth Programs in Southcentral Alaska: Curriculum and Evaluation
• Partnership between Research and Health Education: A Case Study of Translational Research in a Tribal Health Setting

Wednesday, January 23, 3 - 4:30 pm
• Anchored Home Pay for Success Permanent Supportive Housing Project: How to Define, Find, and Intervene with a “Super User” Group
• The Lived Experience of Caring for Adoptive Children with Opioid Exposure
• Positive Approaches to Challenging Behaviors: Reminiscence Therapy and Traditional Foods in Long-Term Care
• The Alaska Statewide Violence and Injury Prevention Partnership (ASVIPP): Who We Are and What We Do
• FASD Diagnosis in Alaska: Developing Community-Based Solutions
• Food Security and Diet Quality of Food Pantry Patrons
• Anchorage Vision Zero Action Plan
• Is it in the Water? [part 1] and How Does a Healthy Home Lead to Healthy Outcomes for the Occupants? [part 2]

Poster Sessions

Wednesday, January 23, 11:15 am - Noon
• Successful Follow-Up Among Immigrants and Refugees with Tuberculosis B Classification in Anchorage
• Your Voice Matters: Addressing Serious Illness Care in a Tribal Health Clinic
• Subsistence, SNAP, and Social Marketing
• Supporting Diversity in the Alaska LEND Program: Engaging Self-Advocate Faculty from Rural Alaska
• Stories of Health: Self Managing Blood Pressure through Research Engagement
• Understanding the Risk of Ticks and Tick-Borne Diseases in Alaska

• The Effect of an RN Coordinator on Heart Failure Patients and Hospital Readmissions
• One Arctic Health: Bringing the Arctic Health Website under the One Health Umbrella
• Partnering to Promote HPV Vaccination among University Students
• Food Security: The Issue of Food Waste
• Strengthening Dental Public Health Systems through Community Engagement Initiatives
• Participatory Research in Alaska Native and American Indian Communities: A Scoping Review
• Cognitive Interviews in Development of a Genetics and Biological Specimen Survey: A Process for Engagement in an Alaska Native Health System
• Promoting Utilization of Alcohol Screening and Brief Intervention with Reimbursement Policy
Exhibitors
- Alaska Native Epidemiology Center
- Alzheimer’s Resource of Alaska
- American Society for Circumpolar Health
- Collective Change Consulting
- Food and Drug Administration
- InSight Telepsychiatry
- Ladies First
- Mountain-Pacific Quality Health
- National Network of Libraries of Medicine, Pacific Northwest Region
- North Star Behavioral Health
- Office of Healthcare Access & Healthy Alaskans 2020, DHSS, DPH
- Office of Substance Misuse and Addiction Prevention, DHSS
- Provo Canyon School
- Southcentral Foundation Nuka System of Care
- State of Alaska Obesity and Control Program
- UAA MPH Program and Institute for Circumpolar Health Studies (ICHS)

Thank you to our sponsors and partners!

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  - Council on Domestic Violence and Sexual Assault (CDVSA)

- **Fairweather Level ($2,500 - $4,999)**
  - Alaska Comprehensive Cancer Partnership
  - Alaska Heart & Vascular Institute
  - Mat-Su Health Foundation
  - Providence Health and Services Alaska
  - UAA MPH Program & Institute for Circumpolar Health Studies (ICHS)

- **Marathon Level ($1,000 - $2,499)**
  - Agnew::Beck
  - Alaska Children’s Trust (ACT)
  - Alaska State Hospital & Nursing Home Association (ASHNHA)
  - Recover Alaska
  - SouthEast Alaska Regional Health Corporation (SEARHC)

★ These Sponsors will have an exhibit table at the Health Summit. Please stop by to learn more about their organization and services.

* A special thank you to the planners, volunteers, and the many others who contributed to the success of the 2019 Alaska Health Summit!
Coordination support for this year’s Health Summit is provided by Information Insights. The Summit team includes Jamie Hansen, Brenda Holden, Ellen Ganley, Deb Mowrey, Susan Pruitt, Bill Holden, Jana Peirce, and Kuba Grzeda.

Program designed and assembled by Full Spectrum Publications.