Words Matter:
The role of language & communication in mental health

Alaska Public Health Association
ANNUAL SUMMIT

The Hotel Captain Cook
January 21, 2019 | Anchorage, AK
2pm - 5pm
FREE Hands-on workshop

CLICK HERE
to register for the workshop now

Words Matter:
Communicating about mental health

gabriela.alvarado @alaska.gov

One word at a time.
Language influences how people think about mental health and how it affects their lives and communities.

Join us for an interactive workshop exploring healthy and helpful ways to communicate about mental health.

Please join us if you are a:
- Public Health Practitioner
- Public Relations Professional
- Journalist
- Teacher or Counselor
- Mental Health Advocate
- Health Educator or Provider
- Anyone else

Facilitated by:
- Anne Hillman
  AK Public Media
- Jason Lessard
  NAMI Anchorage
- Gaby Alvarado
  Women's, Children's & Family Health (DPH)