

# Words Matter:

The role of language &  
communication in  
mental health

## Alaska Public Health Association

ANNUAL SUMMIT

### The Hotel Captain Cook

January 21, 2019 | Anchorage, AK

**2pm - 5pm**

**FREE Hands-on workshop**

**CLICK HERE**

to register for the workshop now



Words Matter:  
Communicating about  
mental health



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One word at a time.

Language influences  
how people think  
about mental health  
and how it affects  
their lives and  
communities.

Join us for an  
interactive workshop  
exploring healthy  
and helpful ways to  
communicate about  
mental health.

Please join us if you are a:

- Public Health Practitioner
- Public Relations Professional
- Journalist
- Teacher or Counselor
- Mental Health Advocate
- Health Educator or Provider
- Anyone else

### Facilitated by:

- Anne Hillman  
AK Public Media
- Jason Lessard  
NAMI Anchorage
- Gaby Alvarado  
Women's, Children's &  
Family Health (DPH)

